

La Trinaccia

SONS OF SICILY

Luglio 2026

PRESIDENT'S MESSAGE



Brothers,

Our June regular meeting went very well, highlighted by an excellent meal and the introduction of four new members. Welcome to the club, gentlemen.

We are heading into a busy summer. Our annual Golf Tournament was a great success. It was a beautiful—though warm—day, and the company was even better. I want to extend my sincere thanks to the golf committee and all of the volunteers for your hard work in making this event successful once again.

Aiuto scholarships will be presented to the six recipients at our Family Night on July 6th. If you plan to attend, please reserve your spot with Mike by calling before June 30th. This is a wonderful opportunity to bring the family and celebrate the future. Please see Social Events for adult and children's guest pricing.

On July 25th and 26th, we will once again participate in the IAHF Italian Festival, hosting booths for sausage sandwiches and ravioli. Volunteers are needed, and your support is greatly appreciated. Rodney Turco Sr. and Jr. are chairing the event this year; please reach out to them with your availability.

Sunday, August 2nd, will be our annual Family Picnic. This event will take place in lieu of our Monday regular meeting, so members attend free of charge. There will be games for both kids and adults, and all are welcome—this is a family and friends' event. For this to be a success, we need close to 200 attendees. It is not too early to call Mike and reserve your tickets.

We have received some preliminary information regarding Italian Night at the SJ Giants. This event is hosted by the Giants, and no outside vendors are permitted. We are exploring the possibility of having an information table and are awaiting additional details. Please continue to check your email for updates.

I look forward to seeing you and your families in July.

Frank Salciccia – President



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SOCIAL EVENTS



Friends,

**** SOS Scholarship Awards Night July 6th ****

Our Scholarship Awards Night and Family Night meeting will be July 6th at Napredak Hall. We expect a large turnout and want to make sure that we have enough for everyone. Members are free, guests are \$30, kids are \$15, and children under 5 are free.

You must call Mike to let him know for meal preparation no later than June 29th! The IAHF has its annual Festa scheduled for July 25th and 26th at San Jose History Park, located at Senter Road and Phelan Avenue. The Turcos (Rodney Sr. and Rodney Jr.) are chairing the sausage and ravioli booths. Please give them a call to volunteer to help either Saturday and/or Sunday: Rodney Sr. at 408-426-7899 or Rodney Jr. at 408-239-3266.

Our Annual Family Picnic will be held at Napredak Hall on the lawn area on Sunday, August 2nd. This is a combined club meeting and annual family picnic. The price for non-members will be \$30 for adults, \$15 for children 12 and under, and free for children 5 and under.

The annual Golf Tournament fundraiser was held on June 12th at Coyote Creek Golf Club. The committee and volunteers did a fantastic job organizing this event. It was a bit warm, but everyone had a good time. Mike will have a report at our September meeting.

**** Call Mike Maltese for Tickets at 408-972-4986 ****

Bob Scaletta — Social Events

EVENTS CALENDAR

For up to date information please check out our website — www.sonsofsicilysj.com.
See the schedule below for a quick reference in chronological order

- **July 6th** - Scholarship Awards & Family Night (must call Mike by June 30th)
- **July 25th & 26th** - IAHF Festa (Rodney Sr. & Jr. will be chairs this year)
- **Aug. 2nd** - Family Picnic/Member Meeting Day (Call Mike for tickets)
- **Sept. 14th** - Regular Meeting
- **Sept. 19th** - Club Trap/Skeet Shoot (Call Big Joe Zambataro or Craig Palermo)
- **Oct. 4th** - Little Italy Festa
- **Oct. 5th** - Regular Meeting
- **Oct. 16th** - Wine Event
- **Nov. 2nd** - Regular Meeting
- **Dec. 11th** - Adult Christmas Party
- **Dec. 13th** - Children's Santa Party

SCHOLARSHIP AWARDS & FAMILY NIGHT



DATE: MONDAY, JULY 6
TIME: 7:00 P.M. (DOORS OPEN AT 6:00 P.M.)
LOCATION: NAPREDAK HALL, 770 MONTAGUE EXPRESSWAY, SAN JOSE, CA 95131
COST: MEMBERS FREE, ADULT GUESTS \$30 CHILDREN (5-12)\$15 CHILDREN UNDER 5 FREE
TO RSVP, PLEASE CONTACT: MIKE MALTESE AT (408) 972-4986
THE DEADLINE TO RSVP IS JUNE 30.

IAHF FAMILY FESTA SAN JOSE VOLUNTEERS NEEDED

WE ARE SEEKING VOLUNTEERS FOR THE FOLLOWING DATES AND SHIFTS:
FRIDAY EVENING - JULY 24

PEPPER PREPARATION FOR THE ITALIAN SAUSAGE SANDWICH BOOTH

SATURDAY - JULY 25

AM SHIFT: 8:00 A.M. - 1:00 P.M.

PM SHIFT: 1:00 P.M. - 6:00 P.M.

SUNDAY - JULY 26

AM SHIFT: 8:00 A.M. - 1:00 P.M.

PM SHIFT: 1:00 P.M. - 6:00 P.M.

VOLUNTEERS ARE NEEDED FOR BOTH:
SAUSAGE SANDWICH STAND
RAVIOLI STAND

TO VOLUNTEER, PLEASE REPLY TO THIS EMAIL OR CONTACT:

RODNEY TURCO SR. (RAVIOLI STAND)
(408) 426-7899

RODNEY TURCO JR. (SAUSAGE SANDWICH STAND)
(408) 239-3266

**SONS OF SICILY
ANNUAL**



**FAMILY
PICNIC**

**SUNDAY, AUGUST 2ND
FOOD, FAMILY & FUN**

**TIME: 10:30 A.M. (LUNCH AT 1:00P.M.)
LOCATION: NAPREDAK HALL, 770 MONTAGUE
EXPRESSWAY, SAN JOSE, CA 95131
COST: MEMBERS FREE, ADULT GUESTS \$30 CHILDREN
(5-12)\$15 CHILDREN UNDER 5 FREE
TO RSVP, PLEASE CONTACT: MIKE MALTESE AT
(408) 972-4986
THE DEADLINE TO RSVP IS JULY 27.**

SAVE THE DATE

SONS OF SICILY PRESENTS

**— A DAY OF —
TRAP & SKEET
SHOOTING**

**DATE: SATURDAY, SEPTEMBER 19
TIME: 10:00 AM TO 2:00 PM
PLACE: THE SANTA CLARA SPORTS
FIELD PARK, 9580 MALECH ROAD
SAN JOSÉ, CA 95013
COST: \$75. INCLUDES LUNCH**



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SOME FUN!**

**CALL CRAIG PALERMO AT
408-690-5339
OR
BIG JOE ZAMBATARO AT
408-813-0551**

HEALTH & WELFARE



Fratelli,

Our brother, Bruce Mancuso, passed away on May 29th. A Rosary was held on June 18th at Lima Campagna Alameda, followed by a Funeral Mass on June 19th at Holy Spirit Church. Burial followed at Los Gatos Memorial Park, with a reception afterward at the family home across from Holy Spirit Church.

Chris Zambataro — Health & Welfare

IF YOU HAVE ANY NEWS TO REPORT, PLEASE CONTACT ME BEFORE 15TH OF THE MONTH
TO BE PLACED IN THE LA TRINACRIA.
CALL AT (408)813-2818 OR EMAIL AT CHRIS@ZAMBATARO.COM.

The Aiuto Foundation and Sons of Sicily

would like to introduce our 2026 scholarship winners

Congratulations to the following graduating honorees of 2026



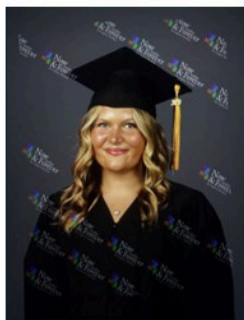
Dylan Collison
- San Jose State



Emma Fisher
- University of Arizona



Dante Lipari
- Montana State University



Gabriella Vaccaro
University of Maryland



Nikolas Baggese
- UC Davis



Logan Azzolina
- University of Utah

“Good luck honorees and THANK YOU for remembering your Sicilian Heritage”

A sincere **Thank You** goes to everyone that has donated or worked at a special event to make these scholarships possible!

MEMBER SPOTLIGHT

Your name?

Joe Zambataro (Little Joe)



How long have you been a member of Sons of Sicily?

45 years.

How did you first become involved with the Sons of Sicily, and what inspired you to join the club?

My father was an early member of the club.

What has been one of your most memorable experiences or events as a member of the Sons of Sicily?

Being elected and serving as the club's president.

Which Sicilian traditions do you and your family continue to celebrate, and why are they meaningful to you?

Making Cucidati for Christmas, and Cuddura cu l'ova for Easter. A wonderful part of the holidays and a memory of wonderful family gatherings.

Outside of the club, what are some of your hobbies or activities you enjoy in your free time?

Having the Sfingi booth each year. Hunting, fishing, and I also have a small gunsmithing business.

What does being Sicilian (or of Sicilian heritage) mean to you personally, and how do you hope to pass that legacy on to future generations?

Honoring the traditions and sacrifices my ancestors made to give us the life we have today.



WOULD YOU LIKE TO BE FEATURED IN THE MEMBER SPOTLIGHT OF THE
LA TRINACRIA?
IF SO, SEND AN EMAIL TO THE SONSOFSICILY@YAHOO.COM.

RECIPE OF THE MONTH

Caprese Tortellini Pasta Salad

Courtesy of Christina Musgrave

Ingredients

For the Pasta Salad

- 8 oz cheese tortellini
- 8 ciliegine fresh mozzarella balls, halved
- 8 oz cherry tomatoes halved
- Fresh basil for serving
- Balsamic glaze for serving

For the Dressing

- ¼ cup extra virgin olive oil
- 2 tablespoons Dijon mustard
- 2 teaspoons red wine vinegar
- 1 teaspoon Italian seasoning
- ¼ teaspoon salt
- ¼ teaspoon black pepper

Directions

1. Cook the Tortellini: Bring a large pot of salted water to a boil. Cook the tortellini according to package directions until al dente. Drain and let cool slightly.

2. Make the Dressing: While the tortellini cooks, add the olive oil, Dijon mustard, red wine vinegar, Italian seasoning, salt, and black pepper to a small bowl. Whisk until smooth and emulsified.



3. Assemble the Pasta Salad: Transfer the cooked tortellini to a large bowl. Add the mozzarella balls and cherry tomatoes, then pour the dressing over top. Toss gently until everything is evenly coated.

4. Finish & Serve: Top with fresh basil and a drizzle of balsamic glaze just before serving.

BOARD OF DIRECTORS

<p>President Frank Salciccia 408-461-1175</p> <p>Vice-President Fred Guidici 650-670-0777</p> <p>Secretary Ron Palermo 408-425-8172</p> <p>Treasurer Mike Maltese 408-972-4986</p>	<p>Food Services Mark Taormina 408-265-4822</p> <p>Social Events Bob Scaletta 408-448-7247</p> <p>Health & Welfare Chris Zambataro 408-813-2818</p> <p>Alternate J.C. Zambataro 408-784-9590</p>	<p>Financial Secretary T.J. Blau 650-274-2944</p> <p>Sergeant at Arms Craig Palermo 408-690-5339</p> <p>Membership Little Joe Zambataro 408-828-7960</p> <p>Parliamentarian Big Joe Zambataro 408-813-0551</p>	<p>Advisor/Past President Jonathan Taormina 408-781-8870</p> <p>Communications Rodney Turco Jr 408-239-3266</p>
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PARRAMU SICILIANU



In Sicilian culture, how you greet someone isn't just about politeness—it defines the dynamic of the relationship. It shows respect for age, honors family bonds, and signals whether you are an "insider" or an "outsider."

1. The Extended Hierarchy (Godparents & In-Laws)

Beyond aunts and uncles, Sicilian culture recognizes a massive network of extended and spiritual kin. The words for godparents carry immense societal weight.

English	Sicilian	Pronunciation
Godfather	Lu Parrinu	pah-RRI-nu
Godmother	La Matrina	mah-CHREE-nah
Co-parent or close friend	Cumpari / Cummari	coom-PAH-ree / coom-MAH-ree
Mother-in-law	La Sòggira	SOHG-gee-rah
Father-in-law	Lu Sòggiru	SOHG-gee-roo

Cultural Note: Calling someone Cumpari or Cummari outside the family is a sign of deep, old-school friendship. It's like saying, "You are so close to me, you are like a godparent to my children."

2. Etiquette: The Rules of Greeting (U Salutu)

How you greet a family member depends entirely on generational status. At a family gathering, the round of greetings is given in order according to age.

Rule 1: Respecting the Elders (I Vecchi)

When greeting grandparents, grand-aunts, or elderly family friends, the traditional greeting is an act of formal respect.

- **The Phrase:** "Sabbirica"
- **How it's used:** This timeless greeting is a contraction of the phrase "Vustra signuria mi benedica", which roughly translates to "May your lordship bless me". It is a profound sign of respect and affection used both when arriving and leaving.



PARRAMU SICILIANU (CONTINUED)

- **The Response:** The elder will usually reply, "Santu e riccu" ("May you be holy and rich") or "Diu ti binirica" ("God bless you").

Rule 2: Peers and Cousins (I Cuçini)

For cousins, siblings, and relatives of your own age, the tone is warm, physical, and informal.

- **The Phrase:** "Salutamu!" (Greetings!) or "Sii binidittu/a!" (Be blessed!)
 - **Kissing:** Double cheek-kisses are standard, usually starting on the left cheek first (unlike northern Italy, which often starts on the right).
-

3. The "In-Law" Dynamic

In Sicilian, when you marry into a family, you don't just gain a spouse; you are absorbed into the collective. If you want to show immense affection to your mother-in-law, you might use the affectionate suffix -uzza:

- Sòggira (Mother-in-law) → **Soggiruzza** (Dear mother-in-law)
-

4. A Family Reunion Dialogue

Let's look at a script for walking into a family gathering, featuring a mix of formal elder respect and informal peer greetings. Note how the sounds we've practiced come together.

- **You (addressing grandfather):** Sabbinirica, Nannu. (Bless me, Grandfather.)
 - **Nannu:** Diu ti binirica, sangu miu. Comu semu? (God bless you, my blood. How are we?)
 - **You:** Tuttu bonu. Àustu è càvuru, ma campamu! (All good. August is hot, but we survive!)
 - **Cousin (walking in):** Cumpari! Salutamu! Manciamu? (Brother/Friend! Greetings! Are we eating?)
-



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Know someone interested in joining the club. Have them scan the QR code to join the Sons of Sicily.

